

Online HorseCollege



Practical Assessments

**3.R.23 Lunging a Rider- Mounting &
Dismounting**

www.OnlineHorseCollege.com

Student Name:

Student Number:

Email:

Phone:

Other Personal Information

www.OnlineHorseCollege.com

(Ausintec Academy P/L ATF Ausintec Academy Trust T/as)
Ausintec Academy

Mailing Address:-
392 Bribie Island Road,
CABOOLTURE QLD 4510
(between Brisbane & Sunshine Coast)
AUSTRALIA

Registered Training Organisation No:31352
Centrelink Approval No: 4P530
CRICOS Provider Code: Pending

Phone within Australia (07) 3102 5498
Outside Australia + 61 7 3102 5498
Request@OnlineHorseCollege.com

3.R.23 Lunging a Rider- Mounting & Dismounting Assessment Information

Pre-Requisites

Prior to attempting this assessment, students are to complete

- All R1.1 to R1.12 theory assessments
- All 3.R04 theory assessments

Students must follow all recommended safety considerations.

Practical assessments for 3.R.21 – 24 are as follows:

- A) 3.R.21 Prepare for Lunging
- B) 3.R.22 Lunging the Horse
- C) 3.R.23 Lunging the Rider- Mounting & Dismounting
- D) 3.R.24 Lunging the Rider- Walk, Trot & Canter

This assessment is one of five assessments which incorporate the following unit from the SIS03 Sport Industry Training Package.

This unit is

SISSEQS303A	Teach the fundamental skills of riding
	<ul style="list-style-type: none">- Plan fundamental riding sessions- Brief participants- Conduct riding sessions

Complete post-session responsibilities For further information about the unit listed above and other units in this course, please visit www.training.gov.au

3.R.23 Lunging a Rider- Mounting & Dismounting Assessment Information (cont.)

Resources and Equipment

The physical resources required for assessment of this competency requires access to:-

- a horse for personal use
- a suitable location with controlled conditions
- horses in a recreational or training program, housed in an appropriate private or commercial establishment
- horses which are quiet and reasonable tractable

The human resources which assess this unit of competency will require to be consistent with those outlined in the Supervisors/Assessors form and terms and conditions.

This is the practical assessment component for 3.R.23 Lunging a Rider- Mounting & Dismounting.

It consists of three types of assessment Self, Peer and Trainer/Assessor.

The self assessment section is to be filled out by the student.

Peer assessors can be anyone with relevant horse experience (i.e. local riding club member, horse riding friend) and don't require to be registered with us.

Trainer assessors must be registered and approved with OnlineHorseCollege.com, you can find more information at the following link:-

<http://www.OnlineHorseCollege.com/education/Info/AssessorTermsConditions.php>

There are two trainer assessments. The same trainer can perform both assessments or two different trainers may be used. Alternatively you can submit a video for assessment, you will find information at <http://www.OnlineHorseCollege.com/education/Info/SubmitVideo.php>.

Information regarding Recognition of Prior Learning (RPL) can be found at:-

<http://www.OnlineHorseCollege.com/education/Info/RPLPracticalAssessments.html>

3.R.23 Lunging a Rider- Mounting & Dismounting Assessment

Practical Assessment (page 1 of 5)

3.R.23 – Lunging a Rider- Mounting & Dismounting

Can you prepare a horse for a rider to mount?

In this preparation do you:-

- Remove both side reins, inside first then the outside?
- Secure the reins in a manner which is relevant and appropriate to the rider?
- Let the stirrups down?
- Assist the rider in adjusting the stirrups?
- Check the tension of the girth?
- Check the fit and current safety standard of the rider's helmet?
- Maintain control (keep hold of) the horse?
- Provide a safe and suitable mounting block for the rider?
- Keep the lunge rein organised, untangled and off the ground?

Can you safely teach a rider how to mount a horse?

When teaching the rider to mount do you:-

- Ensure the gate to the lunging area is closed?

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Self	Peer	Assessor 1	Assessor 2

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3.R.23 Lunging a Rider- Mounting & Dismounting Assessment

Practical Assessment (page 2 of 5)

3.R.23 – Lunging a Rider- Mounting & Dismounting

- Provide a verbal explanation of how the rider will mount?
- Support the riders' elbow, lower leg or foot whilst they mount?
- Provide verbal assistance/guide the rider whilst they mount?
- Move the mounting block away from the horse once the rider is in the saddle?
- Provide feedback to the rider?
- Maintain control (keep hold of) the horse?
- Check the girth?
- Check the rider has both feet in the stirrups?
- Check the length of the stirrups?
- Check the stirrups for even-ness?
- Keep the lunge rein organised, untangled and off the ground?
- Maintain ethical responsibilities in your role as a coach?

√	√	√	√
Self	Peer	Assessor 1	Assessor 2

3.R.23 Lunging a Rider- Mounting & Dismounting Assessment

Practical Assessment (page 3 of 5)

3.R.23 – Lunging a Rider- Mounting & Dismounting

Can you prepare the rider to dismount the horse?

In this preparation do you:-

- Remove both side reins, inside first then the outside?
- Maintain control (keep hold of) the horse?
- Provide a verbal explanation of how the rider will dismount?
- Provide verbal assistance/guide the rider whilst they dismount?
- Communicate with the rider using smooth instructions?
- Ensure they use technique which is safe?
- Provide a mounting block (if required)?
- Provide support to the rider as they dismount?
- Maintain ethical responsibilities in your role as a coach?

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Self	Peer	Assessor 1	Assessor 2	

3.R.23 Lunging a Rider- Mounting & Dismounting Assessment

Assessor/Trainer Assessment 1 of 2 (page 4 of 5)

..... Trainer Name & Number Trainer Signature
..... Students Name Students Signature
..... Date (This assessment should not be signed until you are competent in all activities listed above) Place

Assessment Comments

**We would like to continue to improve our Training and Assessment Processes
Please provide any relevant feedback for OnlineHorseCollege.com**

3.R.23 Lunging a Rider- Mounting & Dismounting Assessment

Assessor/Trainer Assessment 2 of 2 (page 5 of 5)

Trainer Name & Number

.....
Trainer Signature

.....

Students Name

.....
Students Signature

.....
Date
 (This assessment should not be signed until you are
 competent in all activities listed above)

Place

Assessment Comments

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**We would like to continue to improve our Training and Assessment Processes
Please provide any relevant feedback for OnlineHorseCollege.com**

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Notes for Assessors

Assessors must be approved and issued with an 'Assessor Number' prior to assessment. Assessors must only assess in the areas they have been approved for in writing (Peer assessment is a continuation of self-assessment, and peer assessors are not required to be registered or approved by OnlineHorseCollege.com)

OnlineHorseCollege.com provides training in the horse industry and all training and assessment is to be done in the horse industry environment. Skills should be assessed in line with a professional working in the horse industry. During assessment the student should reflect this in their behaviour

The 3.R.23 Lunging a Rider- Mounting & Dismounting assessments should reflect a horse industry employee who rides horses as part of their employment. This does not include any type of specialist riding, including dressage, jumping, western or performance riding.

When competent, they should have the knowledge and skill to participate in horse riding activities in controlled conditions under supervision.

If you have any questions either before, during or after the assessment process please contact me any time on 0438 549 577 or email me on Glenys@OnlineHorseCollege.com

Glenys

(Ms) Glenys Cox
Director
OnlineHorseCollege.com

Remember to photocopy/record all assessment information and return the completed original signed document to OnlineHorseCollege.com

Alternatively you may send a video to OnlineHorseCollege.com, however there may be an extra charge for this assessment

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