

# Online HorseCollege



## **Practical Assessments**

**3.R.24 Lunging a Rider- Walk & Trot**

[www.OnlineHorseCollege.com](http://www.OnlineHorseCollege.com)

Student Name: .....

Student Number: .....

Email: .....

Phone: .....

Other Personal Information

**www.OnlineHorseCollege.com**

(Ausintec Academy P/L ATF Ausintec Academy Trust T/as)  
Ausintec Academy

Mailing Address:-  
392 Bribie Island Road,  
CABOOLTURE QLD 4510  
(between Brisbane & Sunshine Coast)  
AUSTRALIA

Registered Training Organisation No:31352  
Centrelink Approval No: 4P530  
CRICOS Provider Code: Pending

Phone within Australia (07) 3102 5498  
Outside Australia + 61 7 3102 5498  
Request@OnlineHorseCollege.com

## **3.R.24 Lunging a Rider- Walk & Trot Assessment Information**

### **Pre-Requisites**

Prior to attempting this assessment, students are to complete

- All R1.1 to R1.12 theory assessments
- All 3.R04 theory assessments

Students must follow all recommended safety considerations.

Practical assessments for 3.R.21 – 24 are as follows:

- A) 3.R.21 Prepare for Lunging
- B) 3.R.22 Lunging the Horse
- C) 3.R.23 Lunging the Rider- Mounting & Dismounting
- D) 3.R.24 Lunging the Rider- Walk & Trot

This assessment is one of five assessments which incorporate the following unit from the SIS03 Sport Industry Training Package.

This unit is

SISSEQS303A	Teach the fundamental skills of riding
	<ul style="list-style-type: none"><li>- Plan fundamental riding sessions</li><li>- Brief participants</li><li>- Conduct riding sessions</li></ul>

Complete post-session responsibilities For further information about the unit listed above and other units in this course, please visit [www.training.gov.au](http://www.training.gov.au)

## **3.R.24 Lunging a Rider- Walk & Trot Assessment Information (cont.)**

### **Resources and Equipment**

The physical resources required for assessment of this competency requires access to:-

- a horse for personal use
- a suitable location with controlled conditions
- horses in a recreational or training program, housed in an appropriate private or commercial establishment
- horses which are quiet and reasonable tractable

The human resources which assess this unit of competency will require to be consistent with those outlined in the Supervisors/Assessors form and terms and conditions.

This is the practical assessment component for 3.R.24 Lunging a Rider- Walk & Trot.

It consists of three types of assessment Self, Peer and Trainer/Assessor.

The self assessment section is to be filled out by the student.

Peer assessors can be anyone with relevant horse experience (i.e. local riding club member, horse riding friend) and don't require to be registered with us.

Trainer assessors must be registered and approved with OnlineHorseCollege.com, you can find more information at the following link:-

<http://www.OnlineHorseCollege.com/education/Info/AssessorTermsConditions.php>

There are two trainer assessments. The same trainer can perform both assessments or two different trainers may be used. Alternatively you can submit a video for assessment, you will find information at <http://www.OnlineHorseCollege.com/education/Info/SubmitVideo.php>.

Information regarding Recognition of Prior Learning (RPL) can be found at:-

<http://www.OnlineHorseCollege.com/education/Info/RPLPracticalAssessments.html>

## 3.R.24 Lunging a Rider- Walk & Trot Assessment

### Practical Assessment (page 1 of 5)

#### 3.R.24 – Lunging a Rider- Walk & Trot

Can you teach the rider to maintain a balanced upright seat in walk?

Can you teach the rider to apply correct and effective natural aids in walk?

Can you teach the rider to turn and guide the horse in walk?

Can you teach the rider to maintain a balanced upright seat in trot?

Can you teach the rider to apply correct and effective natural aids in trot?

Can you teach the rider to turn and guide the horse in trot?

Can you use lunging exercises to help improve the rider's:-

- balance?
- co-ordination?
- position?
- flexibility?

During these exercises do you:-

- Provide a verbal explanation of how to perform and the benefits of the exercise?

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Self	Peer	Assessor 1	Assessor 2


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## 3.R.24 Lunging a Rider- Walk & Trot Assessment

### Practical Assessment (page 2 of 5)

#### 3.R.24 – Lunging a Rider- Walk & Trot

- Make relevant corrections to the riders' performance?
- Provide both positive and constructive feedback?
- Maintain control of the horse?
- Use exercises which are relevant and appropriate to the riders' level of ability?
- Give the rider adequate time to practice each exercise?
- Use cones or markers to assist the rider?
- Stand in the same spot while lunging the horse, without stepping or walking backwards?
- Keep the horse on a consistent circle size?
- Apply aids in an unobtrusive manner which is consistent with the training of the horse?
- Maintain a position whilst lunging where the lunge rein, whip and horse form a triangle?
- Assess hazards and act appropriately?
- Maintain ethical responsibilities in your role as a coach?

√	√	√	√
Self	Peer	Assessor 1	Assessor 2

## 3.R.24 Lunging a Rider- Walk & Trot Assessment

**Assessor/Trainer Assessment 1 of 2** (page 4 of 5)

..... Trainer Name & Number	..... Trainer Signature
..... Students Name	..... Students Signature
..... Date (This assessment should not be signed until you are competent in all activities listed above)	..... Place

### Assessment Comments

**We would like to continue to improve our Training and Assessment Processes**  
**Please provide any relevant feedback for OnlineHorseCollege.com**

## 3.R.24 Lunging a Rider- Walk & Trot Assessment

**Assessor/Trainer Assessment 2 of 2** (page 5 of 5)

..... Trainer Name & Number	..... Trainer Signature
..... Students Name	..... Students Signature
..... Date (This assessment should not be signed until you are competent in all activities listed above)	..... Place

### Assessment Comments

**We would like to continue to improve our Training and Assessment Processes**  
**Please provide any relevant feedback for OnlineHorseCollege.com**



## Notes for Assessors

Assessors must be approved and issued with an 'Assessor Number' prior to assessment. Assessors must only assess in the areas they have been approved for in writing (Peer assessment is a continuation of self-assessment, and peer assessors are not required to be registered or approved by OnlineHorseCollege.com)

OnlineHorseCollege.com provides training in the horse industry and all training and assessment is to be done in the horse industry environment. Skills should be assessed in line with a professional working in the horse industry. During assessment the student should reflect this in their behaviour

The 3.R.24 Lunging a Rider- Walk & Trot assessments should reflect a horse industry employee who rides horses as part of their employment. This does not include any type of specialist riding, including dressage, jumping, western or performance riding.

When competent, they should have the knowledge and skill to participate in horse riding activities in controlled conditions under supervision.

If you have any questions either before, during or after the assessment process please contact me any time on 0438 549 577 or email me on [Glenys@OnlineHorseCollege.com](mailto:Glenys@OnlineHorseCollege.com)

*Glenys*

(Ms) Glenys Cox  
Director  
OnlineHorseCollege.com

**Remember to photocopy/record all assessment information and  
return the completed original signed document to OnlineHorseCollege.com**

**Alternatively you may send a video to OnlineHorseCollege.com,  
however there may be an extra charge for this assessment**

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