Online HorseCollege

Written, Lesson Plan, Practical & Evaluation Tasks

SISSEQS303A Summative Assessment

Student Name: …………………………………………………….

Student Number: …………………………………………………….

Email: …………………………………………………….

Phone: …………………………………………………….

Other Personal Information

www.OnlineHorseCollege.com
(Ausintec Academy P/L ATF Ausintec Academy Trust T/as)
Ausintec Academy

Mailing Address:-
392 Bribie Island Road,
CABOOLTURE QLD 4510
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AUSTRALIA

Registered Training Organisation No:31352
Centrelink Approval No: 4P530
CRICOS Provider Code: Pending

Phone within Australia (07) 3102 5498
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Request@OnlineHorseCollege.com

SISSEQS303A Summative Assessment
Assessment Information

Pre-Requisites

 Prior to attempting this practical assessment, students are to complete: -

- SISOEQO202A Demonstrate basic horse riding skills – online theory assessments

- SISEQS303A All previous practical and theory assessments in this unit

Co-Requisites

If they have not been completed prior to commencing this unit, students are to complete the following during the first month of commencing this unit

- Australian Sport Commission (ASC) Online Beginner Coaching course
  - o This course can be accessed on this link
  - o https://learning.ausport.gov.au/auth/register?returnUrl=%2F

- St John's (or equivalent) First Aid Certificate
  - o More details are on the link below
  - o http://stjohn.org.au/first-aid-training

Students must follow all recommended safety considerations

These assessments incorporate the following unit from the SIS10 Sport Industry Training Package which include the listed elements

SISSEQS303A Teach the fundamental skills of riding

- Plan fundamental riding lessons

- Brief participants

- Conduct riding sessions

- Complete post-session responsibilities

Further information about this unit is available on www.training.gov.au

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SISSEQS303A Summative Assessment
Assessment Information

This is the summative assessment for this unit. Previous assessments include

A) Coaching Practices
   a. Online Theory Assessment (01/40)
   b. Commence ASC Course (02/40)

B) Coaching Special Groups
   a. Online Theory Assessment (03/40)
   b. Complete ASC Course (04/40)

C) Provide First Aid
   a. Online Theory Assessment (05/40)
   b. Commence First Aid Course (06/40)

D) First Aid Scenario
   a. Online Theory Assessment (07/40)
   b. Complete First Aid Course (08/40)

E) Preparation for Lunging
   a. Online Theory Assessment (09/40)
   b. Practical Assessment (10/40)

F) Lunge Horse
   a. Online Theory Assessment (11/40)
   b. Practical Assessment (12/40)

G) Lunge Rider – Mount & Dismount
   a. Online Theory Assessment (13/40)
   b. Practical Assessment (14/8)

H) Lunge Rider in Walk & Trot
   a. Online Theory Assessment (15/40)
   b. Practical Assessment (16/40)

I) Supervise Horse Handling
   a. Online Theory Assessment (17/40)
   b. Practical Assessment (18/40)

J) Safe Riding Preparation
   a. Online Theory Assessment (19/40)
   b. Practical Assessment (20/40)

K) Risk with Horses
   a. Online Theory Assessment (21/40)
   b. Practical Assessment (22/40)

L) Risk Analysis
   a. Online Theory Assessment (23/40)
   b. Practical Assessment (24/40)

SISSEQS303A Summative Assessment
Assessment Information

M) Rider Assessment
- a. Online Theory Assessment (25/40)
- b. Practical Assessment (26/40)

N) Turn and Guide
- a. Online Theory Assessment (27/40)
- b. Practical Assessment (28/40)

O) Trot Diagonals
- a. Online Theory Assessment (29/40)
- b. Practical Assessment (30/40)

P) Riding Corners
- a. Online Theory Assessment (31/40)
- b. Practical Assessment (32/40)

Q) Small Area
- a. Online Theory Assessment (33/40)
- b. Practical Assessment (34/40)

R) Half Arena
- a. Online Theory Assessment (35/40)
- b. Practical Assessment (36/40)

S) Full Arena
- a. Online Theory Assessment (37/40)
- b. Practical Assessment (38/40)

T) Group Evaluation
- a. Online Theory Assessment (39/40)
- b. Practical Assessment (40/40)

Contents

SISSEQS303A Summative Assessment
Task A – Open Book Written Paper

Resources and Equipment

Access to computer for completion of assessment

Access to internet to submit assessment

Assessment Details

There are no minimum or maximum words for these individual answers, they should be sufficient to answer the questions. It is anticipated the answers will be approximately 500 words in total.

These questions and answers should be typed and submitted to Teacher@OnlineHorseCollege.com.

All 21 questions and answers should be completed and submitted at the same time.

This written paper task can be done either prior to Task C (practical assessment) or after.

Questions

1. Name at least 3 criteria you would use to select a suitable horse to teach on and why.

2. Name at least 3 criteria you would use for selecting a suitable location to teach in, and why.

3. Name at least 3 criteria you would use for selecting suitable tack/ saddlery for teaching and why.

4. Name at least three criteria, or at least three essential items of personal equipment for your students and why.

5. Name at least 3 criteria for selecting teaching resources or 3 resources you would use to teach with and why.

6. Ideally, what tack/ saddlery and equipment would you use for teaching on a quiet horse?

7. Why do you need different teaching activities for young children and teenagers? Name a teaching activity for each.

SISSEQS303A Summative Assessment
Task A – Open Book Written Paper (Cont.)

8. Name a teaching activity you would use to teach adults who are beginner riders and why it is suitable.

9. Name 3 different types of riders (physical abilities, fitness and motor performance) and how do you know they are ready to learn rising trot?

10. How do exercises like weaving between witches' hats develop basic skills for riders?

11. How do exercises like upwards and downwards transitions develop basic skills for riders?

12. Why is accuracy important when riding circles or figures in the arena?

13. What have you found to be the best way to communicate with your riders when you are teaching them and why do you prefer that method?

14. What do you find are the 3 most common risks with riding horses and how do you minimise these risks in the lesson?

15. Name at least 3 horse handling techniques you have learnt that have assisted you when you are teaching.

16. Name at least 3 horse riding techniques you have learnt that have assisted you when you are teaching.

17. Discuss 3 different herd behaviours (things horses do when they are with other horses) that affect a group riding lesson and why these behaviours must be monitored during the lesson.

18. Does your equestrian centre or where you teach have any restrictions that may change depending on potential risks? How have you planned to manage these risks?

19. What do you think are the main emergency and safety procedures to minimise risk to horses, riders and spectators during horse-riding activities? List at least 3.

20. Which of the available course resources (Fantasy Saddle Club, legislation, workbooks etc.) have you found the most useful to learn about safe and correct conduct of lessons? Explain how.

21. Have you used any other resources to learn about the safe and correct conduct of lessons? Please list them and show how they have been helpful and relevant.

SISSEQS303A Summative Assessment
Task B – Lesson Plan

Resources and Equipment

Access to computer for completion of assessment

Access to Internet to submit assessment

Assessment Details

Prepare a Lesson Plan for 'Teaching trot diagonals to a group of 4 riders'.

Both parts of this task ('Preparation of lesson plan' and 'Lesson Plan') should be typed and submitted to Teacher@OnlineHorseCollege.com.

Both completed documents should include all criteria and be submitted in one email.

This task should be done prior to Task C, the practical assessment.

Assessment

The assessments for this task include: -

- preparation of lesson plan
- lesson plan

Assessment - Preparation of lesson plan

Answer the following questions about information that should be included in your lesson plan.

1) At what stage of the lesson will you establish if your lesson suits the riders and their needs?
    (***Participant's needs and characteristics may include*** age, cultural factors, situational factors, *previous experience, fitness level, physical capabilities, injuries and illnesses.*)

2) When will you assist with participant's registration and disclaimer?

3) When will you tell students about what they will learn in the lesson?
    (Assess participant's ***readiness*** to determine appropriate ***session aims and objectives*)**

4) Which horses, tack, equipment, personal equipment and resources will you use and why?
    (Selection of ***horses***, ***tack***, ***personal equipment*** and ***resources*** suitable for the ***session***, according to relevant legislation and organisational policies and procedures.)

SISSEQS303A Summative Assessment
Task B – Lesson Plan (Cont.)

5) What are the main 3 to 5 hazards and risks within this lesson and how will you minimise them?
*(Identify possible **hazards** and **risks** associated with **riding exercises and activities** and determine **safety procedures** and contingency plans according to best practice principles of equestrian sports)*

6) How do you assess and prepare horses safely and appropriately for the exercises and activities being performed?

The main skill you will teach within this lesson is trot diagonals.

7) Name at least 3 skills riders should have prior to learning about trot diagonals and why?

8) List the main points of your explanation about diagonals. What are trot diagonals? How do we use trot diagonals?

9) What are the benefits of trot diagonals for the horse?

10) What are the benefits of trot diagonals for the rider?

11) What demonstration will you use?

12) What warm up will you use and why? How is the warm up relevant to the lesson content on trot diagonals?

13) How will you progress the riders skills during the lesson towards learning trot diagonals?

14) What extension lesson can you use if this skill is picked up easily within the lesson?

15) What are your arena-plans for each stage of the lesson (warm-up, practice, cool down etc.) including your position and group formation?

16) List at least 5 potential problems that could be encountered in a group lesson on teaching trot diagonals.

17) How could you correct each of the problems in the previous question?

Assessment – Lesson Plan

The Lesson Plan for teaching trot diagonals should be prepared either using the template from Fantasy Saddle Club or the template you use within your workplace.

This lesson plan should be developed according to participant's needs and characteristics, **relevant legislation**, **organisational policies and procedures** *and* **best practice principles of equestrian sports.** These factors will underpin all criteria in this assessment.

SISSEQS303A Summative Assessment
Task C – Practical Coaching

Resources and Equipment

The physical resources required for assessment of this competency requires access to:-

- video camera with operator
- a suitable location with controlled conditions
- horses in a recreational or training program, housed in an appropriate private or commercial establishment
- 4 suitable rider participant/s who have previously cantered and ridden in group lessons
- horses which are quiet and reasonable tractable
- a supervisor who is familiar with the horses and the students and has a broad range of teaching experience in similar situations

Notes for the video

Videos should show your position in relation to the riders and the riders of the group as they move around the arena and perform the ridden activities. Ensure that the video operator is positioned where you can be heard clearly on the video. Videos where the coach cannot be heard will be required to be resubmitted.

Assessment Details

Teach trot diagonals to a group of no less than 4 riders.

A video of this practical coaching session should be submitted to Teacher@OnlineHorseCollege.com.

The completed video should be uploaded to youtube.com and the link sent to Teacher@OnlineHorseCollege.com

This practical coaching assessment should be done after Task B (lesson plan) and before Task D (evaluation)

Practical Coaching

This video is an observation of your safe coaching while teaching the fundamental skills of riding. You will be observed monitoring and adjusting instructional techniques according to participant's needs, characteristics and responses.

This lesson should be taught according to participant's needs and characteristics, **relevant legislation**, **organisational policies and procedures** and **best practice principles of equestrian sports.** These factors will underpin all criteria in this assessment.

During this practical coaching session, you are to show or explain the criteria on the assessment sheet below.
Please mark time into the video each time this is shown or explained.

SISSEQS303A Summative Assessment
Task C – Practical Coaching

Time	Particulars	Criteria	Student Evaluation	Assessor Evaluation
	Preparation of lesson	- Greeting, introduction and registration *(Establish **participant's needs and characteristics** and assist with participant's registration and disclaimer where required.)* *(Assess participant's **readiness** to determine appropriate **session aims and objectives***.		
	Introduction, explanation, demonstration	- Clear instructions *(Communicate instructions and **relevant information** about the riding session in a manner appropriate to participants)* - Gear check - Explain safety procedures *(possible **hazards** and **risks** associated with **riding exercises and activities** and determine **safety procedures** and contingency plans according to best practice principles of equestrian sports,)* - Explain distances between horses *(Inform participants of known and anticipated risks, safety procedures, appropriate behaviour and **rules and regulations** of riding)* - Explain emergency stop *(Advise procedures for dealing with emergency and non-routine situations according to organisational policies and procedures)*		
	Warm-up	- Relevant to lesson outcome (*Warm up and mentally prepare horses and participants through safe and appropriate exercises)* (*Assessment, preparation and warm-up of horses safely and appropriately for the exercises and activities being performed)*		

SISSEQS303A Summative Assessment
Task C – Practical Coaching (Cont.)

Time	Particulars	Criteria	Student Evaluation	Assessor Evaluation
	Lesson Content	**- Clear instructions** *(Establish a suitable **communication system** to use while participating in exercises and activities)* **- Relevant feedback** *(Monitor individual **participant's performance** and maintain effective communication during horse riding exercises and activities)(Encourage participants to seek clarification, information and **feedback** as required during the session.)* *(Observe participants during riding exercises and activities, and provide individual and group correction as required according to rules and regulations and accepted best practice principles of equestrian sports)* **- Relevant instruction and corrections** *Apply clear and accurate **teaching and coaching techniques** to impart **required knowledge** and the **fundamental skills of riding** to be developed* **Maintain group control** *(Facilitate group dynamics to maintain group and horse safety, control and engagement)*		
	Lesson Evaluation	**- Line up** *(Bring participants to a halt safely and allow time for cooling down at the end of the session)* **- Feedback and Questioning** *(Encourage participants to seek clarification, information and **feedback** as required during the session.* *Encourage participants to identify their personal progress and satisfaction with the session, and give feedback as required)* *Evaluate **relevant aspects** of riding session and determine the level of learning achieved* *Identify potential areas of improvement for future fundamental riding sessions)*		

SISSEQS303A Summative Assessment
Task C – Practical Coaching (Cont.)

Time	Particulars	Criteria	Student Evaluation	Assessor Evaluation
	After Lesson	- Final Check *(Check and release horses and store tack and equipment according to organisational policies and procedures and best practice principles of equestrian sports)*		

Criteria	Student Evaluation	Assessor Evaluation
During this session how did the student show sufficient communication skills to - consult with participants to plan a fundamental horse riding session that meets their needs - convey information about the safety aspects of the session - interact with participants to create a safe a positive environment		
During this session how did the student show sufficient problem-solving skills to - plan appropriate fundamental horse riding sessions according to participant's needs and characteristics - anticipate participant difficulties in developing skills - anticipate and respond appropriately to non-routine situations		

SISSEQS303A Summative Assessment
Task C – Practical Coaching (Cont.)

Criteria	Student Evaluation	Assessor Evaluation
During this session (or prior to), how did the student show sufficient planning and organising skills to - source, allocate and coordinate tack, personal equipment, horses and a suitable location - monitor and evaluate progress - organise participants into manageable groups with suitable horses for exercises and activities		
During this session (or prior to), how did the student show sufficient language and literacy skills to - produce plans for fundamental horse riding sessions - complete post-session participant and self-evaluations - give and receive feedback - apply for permission or permits to use suitable horses and location where required		
During this session, how did the student show sufficient teaching and coaching techniques to - suit a range of participant's needs, characteristics and learning styles to enable effective instruction - numeracy skills to deliver exercises and activities within session timeframes - personal fundamental horse riding and training skills to a high level of technical correctness to understand skill acquisition and to demonstrate, explain and break down skills for participants - first aid skills and safety procedures appropriate to the location to enable initial response to emergencies and personal health care		

SISSEQS303A Summative Assessment
Task C – Practical Coaching (Cont.)

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Assessor Name & Number   Assessor Signature

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Student Name   Student Signature

……………………………………………………………………   ………………………………………………………………………………………
Place   Date

We would like to continue to improve our Training and Assessment Processes. Please provide any relevant feedback for OnlineHorseCollege.com

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SISSEQS303A Summative Assessment
Task D – Evaluation

Resources and Equipment

- Access to internet and previously submitted assessments
- Access to phone for verbal assessment
- Access to computer and internet for written evaluation

Assessment Details

Students can choose between verbal evaluation or written evaluation.

Verbal assessment will be organised at a suitable time between the student and the assessor.

Written assessment can be submitted with the practical coaching video.

Evaluation Questions

1. Did you achieve the aim of the lesson?

If 'No', why not?

If 'Yes', could you have extended the lesson? If 'No', why not?

(Approx. 50 – 100 words and longer if necessary)

2. What was the best part of this lesson in relation to previous lessons?

(Approx. 50 – 100 words and longer if necessary)

3. How can you improve this lesson in the future?

(Approx. 50 – 100 words and longer if necessary)

SISSEQS303A Summative Assessment
Task D – Evaluation (Cont.)

……………………………………..   ………………………………………….
Assessor Name & Number   Assessor Signature

……………………………………..   …………………………………………..
Students Name   Students Signature

……………………………….......   ………………………………………….
Date   Place
(This assessment should not be signed until you are
competent in all activities listed above)

Assessment Comments

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**We would like to continue to improve our Training and Assessment Processes
Please provide any relevant feedback for OnlineHorseCollege.com**

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SISSEQS303A Summative Assessment
Task E – Lunge Lesson

Observation Details

Submit a video of you conducting a lesson on the lunge line.

A video of this practical coaching session should be submitted to
Teacher@OnlineHorseCollege.com.

The completed video should be uploaded to youtube.com and the link sent to
Teacher@OnlineHorseCollege.com

This practical coaching observation can be done at any stage of this unit.

Resources and Equipment

The physical resources required for observation of this competency requires access to:-

- video camera with operator
- a suitable location with controlled conditions
- horses in a recreational or training program, housed in an appropriate private or commercial establishment
- a suitable rider for participating in a lunge lesson
- horses which are quiet and reasonable tractable
- a supervisor who is familiar with the horse and the students and has a broad range of teaching experience in similar situations

Notes for the video

Videos should demonstrate your skills in conducting a lesson on the lunge. Ensure that the video operator is positioned where you can be heard clearly on the video. Videos where the coach cannot be heard will be required to be resubmitted.

Practical Coaching

This video is an observation of your safe coaching while teaching the fundamental skills of riding during a lunge lesson. You will be observed monitoring and adjusting instructional techniques according to participant's needs, characteristics and responses.

This lesson should be taught on the lunge and according to participant's needs and characteristics, **relevant legislation**, **organisational policies and procedures** *and* **best practice principles of equestrian sports.** These factors will underpin all criteria in this observation.

SISSEQS303A Summative Assessment
Task E – Lunge Lesson (Cont.)

………………………………………..
Assessor Name & Number

…………………………………………
Assessor Signature

………………………………………..
Students Name

…………………………………………..
Students Signature

……………………………………........
Date
(This assessment should not be signed until you are
competent in all activities listed above)

…………………………………………
Place

Assessment Comments

We would like to continue to improve our Training and Assessment Processes
Please provide any relevant feedback for OnlineHorseCollege.com

**Remember to photocopy/record all assessment information and
return the completed original signed document to OnlineHorseCollege.com**

**Alternatively you may send a video to OnlineHorseCollege.com,
however there may be an extra charge for this assessment**

www.OnlineHorseCollege.com
(Ausintec Academy P/L ATF Ausintec Academy Trust T/as)
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